

# BARWELL TRACK OUT X-PRESS PROGRAM – TRACK 4

## WEEK OF March 28<sup>th</sup> – April 1<sup>st</sup>



### Monday, March 28<sup>th</sup>: Basketball Skills Clinic

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ Barwell TOX Rules Agreement	<b>Basketball Skills Clinic</b>	Outside/ Courtyard (Sidewalk Chalk and field games)	Lunch and Down Time	Pictionary	Gaga Ball	Snack/ Barwell Break Down	Merge with ASX
Group 2	Merge with BSX				Lunch and Down Time	Gaga Ball	Pictionary		Merge with ASX

### Tuesday, March 29<sup>th</sup>: Pullen Park Field Trip

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:30	1:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ Family Portrait	3D-Dodgeball	<b>Art Project: Blooms and Butterflies</b>	Lunch and Down Time	Story ball	<b>Pullen Park</b> 2:00-3:30 Pick up @ 1:30pm Return @ 4:00pm	Merge with ASX
Group 2	Merge with BSX				Lunch and Down Time			Merge with ASX

### Wednesday, March 30<sup>th</sup>: Critter Collage and ABC Improv

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ Find the Thimble	<b>Nature Walk (Critter Collage)</b>	Spider Ball	Lunch and Down Time	Computer Activities	<b>ABC Improv Story</b>	Snack/ Barwell Breakdown	Merge with ASX
Group 2	Merge with BSX			Computer Activities	Lunch and Down Time	Spider Ball			Merge with ASX

### Thursday, March 31<sup>st</sup>: NC Museum of History Field Trip

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:30	1:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ Red Handed	Snowball Alley/ Gauntlet Race	Hand Ball	Lunch and Down Time	Barnyard	<b>NC Museum of History</b> 2:00-3:30 Pick up @ 1:30pm Return @ 4:00pm	Merge with ASX
Group 2	Merge with BSX				Lunch and Down Time			Merge with ASX

### Friday, April 1<sup>st</sup>: April Fool's Day!

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ 2 Truths and an April Fool's	Dragon Tails/ Freeze Tag	Steal the Bacon Basketball Style	Lunch and Down Time	Line Tag/ Cross the Ocean	<b>Art Project: April Fool's Storybook</b>	Snack/ Barwell Breakdown	Merge with ASX
Group 2	Merge with BSX				Lunch and Down Time				Merge with ASX



ARTS/CRAFTS



FOOD EXPERIENCE



DANCE / DRAMA / MOVEMENT



FIELD TRIP



CLINIC



SCIENCE / NATURE

# BARWELL TRACK OUT X-PRESS PROGRAM – TRACK 4

## WEEK OF April 4<sup>th</sup> – 8<sup>th</sup>



### Monday, April 4<sup>th</sup>: Kids Kitchen

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ Barwell Rules Recap	Cross Grinch's Island/ Battalion	<b>Kids Kitchen Create a Healthy Recipe</b> (We will pick one to try on Friday!)	Lunch and Down Time	Guard the Castle	Magic Carpet	Snack/ Barwell Breakdown	Merge with ASX
Group 2	Merge with BSX				Lunch and Down Time	Magic Carpet	Guard the Castle		Merge with ASX

### Tuesday, April 5<sup>th</sup>: 5...4...3...2...1...Get Ready For Blast-off Rocket Project

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ Four Corners	Scooter Relays	Knock-out/ Horse	Lunch and Down Time	Mat-Ball	<b>Blast Off Rocket Launch Project</b>	Snack/ Barwell Breakdown	Merge with ASX
Group 2	Merge with BSX		Knock-out/ Horse	Scooter Relays	Lunch and Down Time				Merge with ASX

### Wednesday, April 6<sup>th</sup>: NC ZOO Field Trip

	7:00-7:15	7:15-5:30							5:30-6:30
Group 1	Merge with BSX	<b>NC ZOO</b> 9:30-3:30 Pick up @ 7:15am Return @ 5:30pm							Merge with ASX
Group 2	Merge with BSX								Merge with ASX

### Thursday, April 7<sup>th</sup>: Soccer Clinic

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ This or That	Bowling Pin Dodgeball/ Clean out my Backyard	<b>Musical Chairs/ Dance Contest</b>	Lunch and Down Time	<b>Soccer Skills Clinic</b>	Ultimate Frisbee	Snack/ Barwell Breakdown	Merge with ASX
Group 2	Merge with BSX				Lunch and Down Time				Merge with ASX

### Friday, April 8<sup>th</sup>: Kids Kitchen

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ Heads up 7 up	Free Choice Art	Gaga Ball	Lunch and Down Time	Human Battleship	<b>Food Experience: Kids Kitchen Healthy Recipe</b>	Snack/ Barwell Breakdown	Merge with ASX
Group 2	Merge with BSX		Gaga Ball	Free Choice Art	Lunch and Down Time				Merge with ASX



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FOOD EXPERIENCE



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# BARWELL TRACK OUT X-PRESS PROGRAM – TRACK 4

## WEEK OF April 11<sup>th</sup> – 15<sup>th</sup>



### Monday, April 11<sup>th</sup>: Visit from Progressive Percussion

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ Barwell Rules Recap	Shoe Relay/ Obstacle Course	<b>Art Project: Fork Flowers</b>	Lunch and Down Time	Capture the Flag Kids vs Counselors	Progressive Percussion Specialist	Snack/ Barwell Breakdown	Merge with ASX
Group 2	Merge with BSX				Lunch and Down Time				Merge with ASX

### Tuesday, April 12<sup>th</sup>: Fore!!! Golf Clinic

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ Good Morning Mr. Judge	Jedi Dodgeball/ Jail Break	Team Scattergories	Lunch and Down Time	<b>Golf Skills Clinic</b>	Triple Soccer/ Shoot out	Snack/ Barwell Breakdown	Merge with ASX
Group 2	Merge with BSX				Lunch and Down Time				Merge with ASX

### Wednesday, April 13<sup>th</sup>: Spring Flower Planting Project

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ Cut the Cake	Sideline Hockey	<b>Spring Flower Planting Project</b>	Lunch and Down Time	Group Parachute Games	Barwell Jeopardy	Snack/ Barwell Breakdown	Merge with ASX
Group 2	Merge with BSX				Lunch and Down Time				Merge with ASX

### Thursday, April 14<sup>th</sup>: Track 4 Finale!!

	7:00-9:00	9:00-12:00			12:00-1:00	1:00-4:00			4:00-6:30
Group 1	Merge with BSX	<b>SPRING FLING</b> (Carnival games, Arcade games, Art projects, Group games and Much More!!!!)			Lunch and Down Time	<b>SPRING FLING</b> (Carnival games, Arcade games, Art projects, Group games and Much More!!!!)			Merge with ASX
Group 2	Merge with BSX				Lunch and Down Time				Merge with ASX

### Friday, April 15<sup>th</sup>: Sky Zone Field Trip

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:30	1:30-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ Fox in the Hen House	Bingo	Mancala Tournament	Lunch and Down Time	Categories	<b>Sky Zone</b> 2:00-3:30 Pick up @ 1:30pm Return @ 4:00pm	Merge with ASX
Group 2	Merge with BSX		Mancala Tournament	Bingo	Lunch and Down Time			Merge with ASX



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# BARWELL TRAK OUT X-PRESS PROGRAM – TRACK 4


## WEEK OF April 18<sup>th</sup> – 22<sup>nd</sup>



### Monday, April 18<sup>th</sup>: MMM...Dirt Cups

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ Barwell Rules Recap	Alaskan Kickball	<b>Food Experience:</b> Spring Shower Dirty Cups	Lunch and Down Time	<b>Little Sluggers T-Ball Clinic</b>	Kids Choice	Snack/ Barwell Breakdown	Merge with ASX
Group 2	Merge with BSX				Lunch and Down Time				Merge with ASX

### Tuesday, April 19<sup>th</sup>: Little Sluggers T-Ball Clinic

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-3:00	3:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ On the River, on the Bank	Connect Four Tournament/ Spring Word Find Competition	Hand Ball/ Sharks and Minnows	Lunch and Down Time	<b>Movie:</b>  <b>A Bugs Life (PG)</b>	Snack/ Barwell Breakdown	Merge with ASX
Group 2	Merge with BSX				Lunch and Down Time			Merge with ASX

### Wednesday, April 20<sup>th</sup>

Track 4 back in school

### Thursday, April 21<sup>st</sup>

Track 4 back in school

### Friday, April 22<sup>nd</sup>

Track 4 back in school



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# Barwell Road Track Out

## Track 4 - Week 1



## Field Trip Information!

### Pullen Park

520 Ashe Avenue, Raleigh, NC 27606

919-996-6468

At Pullen Park, participants will ride the Carousel and Train and have unlimited access to the playground.

### NC Museum of History

5 East Edenton Street, Raleigh, NC 27601

919-807-7900

Campers will get up close and personal with North Carolina history through various cultural, sports, military & agricultural exhibits!

## Reminders

### Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)

### Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

\*Remember pink & white Key Tag and/or Photo ID when picking-up participants\*





# Barwell Road Track Out

## Track 4 - Week 2



### Field Trip Information!

#### NC Zoo (Asheboro)

4401 Zoo Parkway, Asheboro, NC 27205

800-488-0444

Participants will spend the day exploring the NC Zoo where they can get up close and personal with animals from both the North American and African continents! Opportunities abound to learn about all types of plants and animals, as well as wildlife conservation. Lunch will be eaten at the Zoo, so participants should pack lunch and snacks that can travel!

### Reminders

#### Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)

#### Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

**\*Remember pink & white Key Tag and/or Photo ID when picking-up participants\***

# Barwell Road Track Out

## Track 4 - Week 3



### Field Trip Information!

#### Sky Zone

2101 Westinghouse Boulevard, Raleigh, NC 27604

919-948-4450

Participants will get to experience weightless bouncing at one of Raleigh's indoor trampoline facilities. Children will have unlimited access to all jumping areas. **This trip will require a waiver to be signed by each child's parent/guardian.**

### Reminders

#### Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)

#### Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips
- Sign field trip waiver

\*Remember pink & white Key Tag and/or Photo ID when picking-up participants\*

# Barwell Road Track Out

## Track 4 - Week 4



### Field Trip Information!

**NO FIELD TRIPS THIS WEEK!**

Participants return to school on Wednesday!

### Reminders

#### Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)

#### Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

\*Remember pink & white Key Tag and/or Photo ID when picking-up participants\*